



UNIVERSITY OF WISCONSIN-MADISON

# KEWAUNEE COUNTY EXTENSION CONNECTION

Connecting people with the University of Wisconsin

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**Patrick Nehring, Regional Community Development Educator**  
920-391-4616 \* [patrick.nehring@wisc.edu](mailto:patrick.nehring@wisc.edu)

## Customized Training for Nonprofit Organizations

Extension is available to provide customized training for your organization on a variety of topics depending on the needs of your organization. Contact Community Development Educator/Professor Patrick Nehring at [patrick.nehring@wisc.edu](mailto:patrick.nehring@wisc.edu) or (920) 391-6160. A summary of topics:

- Board Roles and Responsibility
- Ethics, Image, and Conflicts of Interest
- Grant Proposal Writing
- Interacting Effectively with Different Generations
- Logic Models, Evaluation and the Organization
- Personality and Effectively Relating to Others (including Real Colors)
- Recruiting and Managing Volunteers, Staff and Board Members
- Planning Special Events
- Strategic Planning, Mission and Vision
- Team Building
- Starting an Organization, Understanding How to Operate and Effective Meetings

In addition, Extension and UW-Green Bay have partnered to offer resources for nonprofit organizations from workshops to degree courses, more information can be found at [www.uwgb.edu/nonprofit-network](http://www.uwgb.edu/nonprofit-network).

The Nonprofit Leader Conversations will startup again on September 12 with a conversation about using AI in your organization. The Nonprofit Leader Conversations are a conversation on Zoom from 8:30-9:30 a.m. with a brief introduction to a topic from a guest hosted by Extension and UW-Green Bay. We are looking for topic ideas and guests to share some of their experience and expertise to get the topic started. Please contact Patrick Nehring at [patrick.nehring@wisc.edu](mailto:patrick.nehring@wisc.edu) or (920) 391-6160.

#### Using AI in Your Organization

September 12, 8:30-9:30 a.m. on Zoom  
Artificial Intelligence (AI), what is it and how might you use it in your organization? August Neverman from Neverman Consulting will join us for a discussion about using AI to streamline operations and generate new ideas.  
Register at: [https://uwmadison.zoom.us/meeting/register/tjYscOioqzqoqHN0l5SQXoI-U1\\_4ctesrPk26](https://uwmadison.zoom.us/meeting/register/tjYscOioqzqoqHN0l5SQXoI-U1_4ctesrPk26)

In the fall, Extension will be offering a virtual basic grant proposal workshop, contact Patrick Nehring at [patrick.nehring@wisc.edu](mailto:patrick.nehring@wisc.edu). UW-Green Bay is offering Advanced Learning workshops <https://www.uwgb.edu/nonprofit-network/advanced-learning/>. The Excellence in Nonprofit Leadership Certificate courses will begin September 20. Upon completing the five courses and a certificate, you will receive a badge from UW-Green Bay. Courses can be taken separately or there is a discount for registering for all of them. More information is at: <https://www.uwgb.edu/certificate-programs/nonprofit-leadership/>

## Extension Work with Local Food System Highlighted

Community Development Educator/Professor Patrick Nehring had the opportunity to talk about the local food system at a national conference. At the Urban Food System Symposium, Nehring provided a presentation on describing the NEW Food Access Map, <https://go.wisc.edu/903ck7> and a poster describing the impacts of community gardens.



The NEW Food Access Map contains the locations where food is distributed to the consumer in Northeast Wisconsin (NEW). It provides current locations and operational details for grocery stores, ethnic grocery stores, farmers markets, community gardens, food pantries, meal sites, and stores that accept Electronic Benefits Transfer (EBT) card payments. EBT cards are the means used by those with limited income to purchase food through the Supplemental Nutrition Assistance Program (SNAP) program. EBT is accepted at a variety of stores, including convenience stores, dollar stores, grocery stores, specialty food stores, and other stores that sell food to bake at home. The NEW Food Access Map was developed to enable consumers to get directions, hours of operation, website, and other information.

One of the sources of food identified on the NEW Food Access Map is community gardens. Extension conducted focus groups using the ripple effect mapping process to document the impact of community gardens. Community gardens provide food for gardeners and their families, increase the amount of fruits and vegetables consumed, and provide a means of exercise. Community gardens provide many other benefits to gardeners and the community beyond these physical health benefits. These benefits include strengthening social networks between family members and neighbors, understanding and appreciating culture and traditions, supplementing household incomes by growing rather than purchasing food and by the selling of flowers and produce, fostering an appreciation for agriculture, encouraging entrepreneurship, creating an appreciation and understanding of ecology, and providing mental health benefits. The impact of community gardens ripple out from the gardener to their family and to the broader community.

For more information about the NEW Food Access Map or the impacts of community gardens, contact Patrick Nehring (920) 391-4616 or [patrick.nehring@wisc.edu](mailto:patrick.nehring@wisc.edu). If you see a change that is need on the NEW Food Access Map, please contact Nehring or fill out the form that is found on the NEW Food Access Map website.

Scan the QR code for more information.



**Community Economic Development**  
Division of Extension

### Receive the Extension Connection in your inbox!

Want to have the Extension Connection at your fingertips? Sign up today to receive the Extension Connection directly to your inbox! Be the first to know all the exciting events and opportunities available.

Visit <https://kewaunee.extension.wisc.edu/extensionconnection/> to sign up today!



### EXTENSION CONNECTION ADDRESS CHANGES

Please let us know if your mailing address changes. Since the Extension Connection is mailed 3rd class, it is not forwarded, and UW-Extension must pay for incorrect addresses. Call 388-7141 for address changes or you will be removed from the list.

### The Extension Connection

University of Wisconsin-Extension  
A monthly publication for Kewaunee County residents. These programs are supported by your tax dollars. We look forward to receiving your comments. Please call us at the phone numbers provided in the individual headers.



Laura Apfelbeck, FoodWise Coordinator  
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## Microwave Meals at ESI in Kewaunee County



Pictured are ESI participants Blake Crockett and Jason Kuss cooking their baked apples in the microwave.

In early May, FoodWise nutrition educator Jace Purdy met with Jenni Jorgenseon, Client Services coordinator at ESI in Kewaunee Co, an organization serving people with disabilities, most of whom are low income and eligible for FoodWise services.

ESI staff had identified a lack of cooking skills as a barrier to healthy eating for their clients. Microwave cooking offers safety features and ease of use that would fit well for participants with physical and/or cognitive disabilities. All recipes are "look & cook" style, primarily photos with very limited text. See example. Using pictorial recipes helps ensure that participants will be able to recreate these recipes at home.

FoodWise offered a series of 4 one-hour lessons for 11 participants from ESI. After the first lesson in the series, a lesson focused on the importance of fruit, Jace asked the participants to set a goal related to adding more fruit to their diets.

4 of 4 said they would eat fruit every day, 2 said they would eat fruit as snacks, or would aim to eat fresh fruit.

## Healthy Summer Picnic Ideas



A picnic is an easy and relaxing holiday activity. USDA's MyPlate resources can help take the "labor" out of your Labor Day picnic. You can enjoy an easy, healthy meal by following this simple MyPlate formula: *5 food groups + family and friends = fun!* When planning your picnic, be sure to include more healthful choices of menu items from each food group (fruits, vegetables, grains, protein foods, and dairy) and water or 100% juice to drink. For recipes and more information see: <https://www.usda.gov/media/blog/2013/08/29/celebrate-labor-day-myplate-picnic>

## Garden Cannellini Bean Salad

Adapted from USDA MyPlate [myplate.gov](http://myplate.gov), Serves 4

### Ingredients

- 1 tablespoon olive oil
- 2 teaspoons white wine vinegar
- 1/2 cup apple juice
- 1 tablespoon tomato basil garlic seasoning blend, no-salt



### For the Bean Salad:

- 1/2 cup almond slivers
- 2 tomatoes, chopped
- 1/2 yellow bell pepper, chopped
- 1/2 cucumber, peeled, chopped
- 3 green onions, sliced
- 2 15.5 oz cans cannellini beans, no-salt-added, drained, and rinsed
- Large lettuce leaves

### Directions

1. Whisk together dressing ingredients in a small bowl.
2. Toss dressing with all ingredients except lettuce.
3. Refrigerate until ready to serve.
4. To serve, place lettuce leaves on individual plates; top with salad.

**RULES of the GAME for Food Safety**

**Keep it clean**  
 Before you eat or handle food, wash your hands, food prep tools and surfaces.

**Cook to the right temperature**  
 Use a food thermometer to check that foods are cooked to the right temperature:  
 165°F for chicken and 160°F for ground beef.

**Watch the clock**  
 Throw out perishable food that has been sitting at room temperature for more than two hours; one hour if it's 90°F or warmer.

**Serve at the right temperature**  
 Keep hot foods at 140°F or warmer, and cold foods at 40°F or colder.

[www.cdc.gov/foodsafety](http://www.cdc.gov/foodsafety)

**4 Steps to Practice Food Safety this Summer**

**be food safe. clean**  
 Wash hands with warm water and soap for at least 20 seconds before and after handling food. Wash cutting boards, utensils, and counter tops with hot soapy water after preparing each food item and before you go on to the next food.

**be food safe. separate**  
 Don't cross-contaminate. Keep raw meat and poultry apart from foods that won't be cooked.

**be food safe. cook**  
 Cook to safe temperature. Use a food thermometer - you can't tell food is cooked safely by how it looks.

**be food safe. chill**  
 Chill leftovers and takeout foods within 2 hours. Keep the fridge at 40°F or below.





**Renee Koenig, Human Development and Relationships Educator**  
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Children learn by watching adults. This can be a problem when it comes to safety. Your child will watch you use power tools and want to do the same thing. Your child will watch you plug in electric cords, use matches to start a fire and take medicine. Your child will want to imitate you but will not understand the dangers.

A preschooler's curiosity will lead her to the medicine cabinet to look at the little bottles and colored pills. She will climb on a stool and stand on the kitchen counter to get the matches off the top shelf. This is just being curious —not "bad."

What can a parent do to avoid accidents? Here are some ideas:

- Store dangerous materials out of reach – in cabinets with locks.
- Explain to your child why she should not touch some things. "These matches are only for me to use. They might hurt you." "We don't play with sharp knives. They could cut you."
- Teach safety rules. "You can help me vacuum, but I will plug it in."
- Show your child that you follow safety rules too. Be a good example. Put covers back on cleaning products and put them away after each use. Fasten your safety belt every time you get in the car. Unplug electric cords with fingers on the plug —do not yank the cord.
- Check on your child often. Be sure you know where she is at all times.



Being in a relationship is not always easy-love takes learning. Whether you need help or just want to strengthen your relationship, finding trustworthy support can be difficult. UW-Madison Division of Extension is partnering with the University of Illinois Extension to provide an educational program for couples here in Wisconsin. This Strong Couples program uses proven tools that increase relationships and individual well-being.

The Strong Couples Program is:

- Six self-paced online modules. Topics include communication, commitment, problem-solving, and fun and friendship.
- Five brief video calls with a trained coach.
- Free!

Register here: <https://parenting.extension.wisc.edu/strong-couples/>



## How to parent in 5 minutes or less

Want a quick way to learn more about your kid? Browse our collection of short videos for tips on how to parent and how to better understand kids.

[https://www.youtube.com/playlistlist=PLWYkTfJ\\_LDJbXxv5xDo1QA5WudpXpi1wn](https://www.youtube.com/playlistlist=PLWYkTfJ_LDJbXxv5xDo1QA5WudpXpi1wn)



## How to help kids be ready to stay home alone

Is your child ready to stay home alone? Use these videos and activities to get kids ready to stay home alone.

<https://fyi.extension.wisc.edu/homealone/>



## Focus on Fathers

Connect with other fathers while learning to boost your child's social and emotional skills.

We offer 1-hour online sessions most months of the year.

Our sessions include:

- Building strong relationships through communication
- Strategies to teach children about feelings
- Helping children stand up for themselves and more!

Focus on Fathers is based on the [CASEL framework](#) of social and emotional learning. You can learn more about social and emotional learning in childhood via our [Raising Caring Kids articles](#).

### How Do I Sign Up?

Please register in advance. [Sign Up Here. https://parenting.extension.wisc.edu/classes-for-fathers/](https://parenting.extension.wisc.edu/classes-for-fathers/)

## Financial Education

UW-Madison Division of Extension's Financial Education program helps families and individuals across the state achieve financial well being – keeping pace with day-to-day expenses, reaching financial goals, planning for life's unexpected events and securing their financial future. Learn more at <https://finances.extension.wisc.edu/>



# RESILIENT CO-PARENTING

Free classes for parents or caregivers raising children together while living apart.

Join us for any or all of the following sessions!

### August 1 – Successful Stepfamilies

Blended families face unique challenges when it comes to parenting. Learn about these challenges and some things that you can do to ease this transition for your children.

### September 5 – Relationship Readiness

Are you entering into a new romantic relationship? Assess your relationship readiness and learn tips to help your children adjust to new relationships.

### October 3 – Mindful Money Practices

Making joint financial decisions when co-parenting shouldn't be an exercise in frustration between you and your children's other parent. Using mindfulness in conjunction with sound financial practices can allow both parents to make purposeful choices that best match their family's needs.

### November 7 – Finding Your Family's Rhythm

Divorce and separation can disrupt family routines and rituals. This can be a challenge, but it is also a time of great opportunity. As parents, we can be intentional about creating a new rhythm for our family.

### December 5 – The Gift of Forgiveness

Forgiveness is a gift we give ourselves and others. Letting go of resentment and bitterness yields many benefits, including a better co-parenting relationship. Explore what forgiveness is - and isn't - as you learn the steps of the process.

7:00-8:00 pm over Zoom  
1st Thursday of each month  
in 2024!

Scan code or use link to register!



[go.wisc.edu/21t6cz](https://go.wisc.edu/21t6cz)





**UW-Madison Division of Extension \* Vacant  
(920) 388-7141 for 4H Information**

**2024 KEWAUNEE COUNTY FAIR SCHEDULE**

**Monday, June 24**

7:00PM Fair Clean-Up and Set-Up

**Thursday, June 27**

3:00 PM 4-H Dog Show  
Kewaunee County Fairgrounds

**Monday, July 8**

9:00 -12:00 Open Class Entry (Flowers, garden, crafts, photography, foods & etc.)

12:30-6:00 PM Jr. Fair Judging

12:30 PM Open Dept. 17, Special Needs

Dept.

- |                               |                           |
|-------------------------------|---------------------------|
| 6 Horse Educational           | 10 Vet Science            |
| 14 Plants & Soil Science      | 15 Flowers & House Plants |
| 16 Natural Science            | 17 Cloverbuds             |
| 18 Cultural Arts              | 20 Photography            |
| 21 Computer                   | 22 Woodworking            |
| 23 Electricity                | 24 Mechanical             |
| 25 Food & Nutrition           | 26 Clothing               |
| 27 Knitting & Crocheting      | 28 Home Environment       |
| 29 Family & Child Development |                           |
| 33 Self-Determined            | 34 Health                 |

3:00PM Model Horse Show

6:00 PM Cat Show

6:30 PM Open Class Judging

**Tuesday, July 9**

5:30-7:00 PM Hog Check-In & Weigh-In

**Wednesday, July 10**

Entry Day for Animals All Animals to be on grounds by 4:00 PM

9:30-10:30 AM Steer Weigh-In

9:30-10:30 AM Lamb Weigh-In

12:30 PM Poultry Animal Weigh-In

3:00 PM Rabbit Weigh-In

4:00 PM All Livestock Exhibitor meeting in show ring

5:30 PM Open & Jr. Goat Show

**Thursday, July 11**

8:00 AM

8:30 AM

9:00 AM

11:30 PM

1:00 PM

5:00 PM

6:00 PM

5:30 PM Hog Show

Jr. Fair Horse Show

Sheep Show

Rabbits Show Jr. -Cavies prior to rabbits

Beef Show, Open & then Jr.

Rabbit Show Open

Horse Drill Team

Gymkhana Show Jr. & Open

**Friday, July 12**

8:00 AM

9:00 AM

10-12 noon

5:00 PM

6:30 PM

Dairy Show, Jr. & Open

Poultry Show, Jr. & Open

Jr & Open class Horse Trail

Drill Team

Round Robin Showmanship

**Saturday, July 13**

8:00 AM

9:00 AM

1:00 PM

5:00 PM

7:00 PM

Open Class Horse Show

Rabbit Hopping

Jr. Fair Livestock Auction

Horse Drill Team

Dairy Futurity

**Sunday, July 14**

9:00 AM

11:30 AM

2:00 PM

3:00 PM

5:00 PM

Kewaunee Co. Fair Open Speed Horse Show

Parade

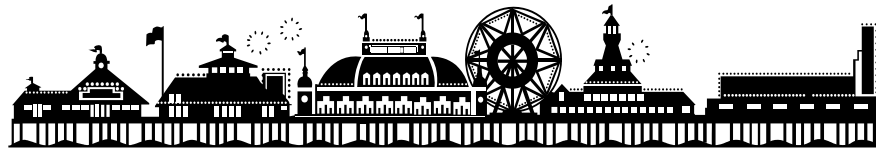
Kiddie Showmanship

Kiddie Tractor Pull

Check Out in Exhibit Hall NO Exhibits may leave prior

NO Exceptions

**Times and dates subject to change**



**2024 Kewaunee County Fair Theme:**

**Barn in the USA**



**Traffic Pattern for 2024 Kewaunee County Fair**

The Kewaunee County Fair Board has again adopted a traffic pattern to be used at the completion of the 2024 fair. **All trailers will enter through the West gate** (pit area off of Frontier Rd) and **will exit the fairgrounds through the North gate** (D&S). Decorations can be taken down no sooner than 4:30 pm. All tack must be taken down and ready to load before you line up your trailer. You will not be allowed to pull your trailer in and then start taking decorations down. The 30 minutes prior to animal release is to be used for this purpose. The barns will again be closed to the public at 4:30pm to make packing up and taking down decorations easier. Please utilize this time to make the exit process run smooth.

The **dairy barn & small animal barn** will be released starting at **5:00pm**. The **livestock barn & horse barn** will follow starting at **5:30pm**. Superintendents of these barns will release animals along with the fair board members on Sunday at release time.

Trailers that were off site for the duration of the fair will enter from the West gate and park in the pit area on Sunday. **NO TRAILERS will be allowed**

to be parked in the pit area during the fair. **ALL TRAILERS will be parked west of the horse ring on the grass area. Trailers parked elsewhere will be towed at the owner's expense.** A designated number of trailers will be allowed to enter at a time to avoid a large backup of trailers on the grounds. We again ask for everyone's patience as everyone wants to go home. Again this year, ALL hogs and beef will be going home on Sunday night. This will make load out more time consuming, please be patient.

In addition, the areas south of the dairy barn and north of the livestock barn will be kept free from vehicles, trailers, machinery, feed, etc. Vehicles will be towed if in violation. **All personally owned off-road vehicles (gators, mules, skid loaders, etc.) will require a Certificate of Insurance to be turned in to the fair board president PRIOR to the start of the fair to be kept on file.** There will be a designated area for fitting chutes on the south side of the dairy barn, no chutes will be in any barns. Again these decisions were made for safety purposes as well as maintaining a neat and pleasant appearance around the barns. We ask you to respect the hard work that went into these efforts to make the Kewaunee County Fair one to be proud of. Thank you.

Kewaunee County Fair Board







**UW-Madison Division of Extension \* Vacant  
(920) 388-7141 for 4H Information**



## Club & Project News

The Kewaunee County 4-H Dog Project had a great turnout when Brown County K9 Officer Berger and his K9 partner Dorian came to visit to share about their job.



## Send us your photos!

We love to see what our clubs, projects, and associations have been doing! Send in your photos to be featured in the Extension Connection and Facebook. We would especially love to see photos of you and your friends and club and project members at the 2024 Kewaunee County Fair!



Please send your photos and a description of your event to [erin.dahle@wisc.edu](mailto:erin.dahle@wisc.edu).



**Extension**  
UNIVERSITY OF WISCONSIN-MADISON  
KEWAUNEE COUNTY

## Kewaunee County 4-H Scholarship Opportunities

Are you in grades 12 or 13, a current or past Kewaunee County 4-H member, and are looking for financial help with post-secondary education? Then check out these scholarship opportunities on the website at:

<https://fyi.extension.wisc.edu/kewaunee4h/club-leader-member-resources/scholarships/>

### Adult Leaders Association Scholarship

All approved, Kewaunee County 4-H members in good standing at the time of application may apply. You must be in grades 12 or 13. **Applications must be submitted as PDF documents, or typed and submitted as a hardcopy.** One or two, \$500.00 scholarship(s) may be awarded each year. You can only receive this scholarship once. The deadline to turn in this scholarship application is Friday, August 2, 2024.

### Teen Association Scholarship

All approved, Kewaunee County 4-H members in good standing at the time of application may apply. You must be in grades 12 or 13. **Applications must be submitted as PDF documents, or typed and submitted as a hardcopy.** One, \$500 scholarship may be awarded each year. Exceptions based on applicant pool and available funds may be made by a Teen Association vote. You can only receive this scholarship once. The deadline to turn in this scholarship application is April 20, 2024.

### Jack Bancroft Poultry and Rabbit Member Scholarship

The Gary Smith and Jack Bancroft Memorial Scholarship honors the memory of these two adult leaders who gave so much of their time and energy to improving the small animal projects in Kewaunee County. This scholarship not only honors Gary and Jack, but all of our project leaders who have invested in Kewaunee County youth through the years, building vibrant small animal projects— and 4-H youth—of whom the county can be proud. All approved, Kewaunee County 4-H Poultry and/or Rabbit Project members in good standing may apply. You must be in grades 12 or 13. **Applications must be submitted as PDF documents, or typed and submitted as a hardcopy.** The deadline to turn in this scholarship is Friday, August 2, 2024.

### Kewaunee County 4-H Auction Committee Scholarship

This scholarship opportunity is open to Kewaunee County 4-H members and/or FFA members in grades 12 or 13 who have sold at the Kewaunee County Fair Auction for a minimum of two years. The deadline to turn in this scholarship application is August 2nd, 2024

### Kewaunee County 4-H Dairy Committee Scholarship

This scholarship opportunity is open to all Kewaunee County 4-H Dairy Project members in grades 12 and 13. The deadline to turn in this application is June 3, 2024.

### Kewaunee County 4-H Horse Project Scholarship

Kewaunee County 4-H members that are in grades 12-13 and have a minimum of four consecutive years in the Kewaunee County 4-H Horse & Pony Project (regular members or horseless horse members are eligible) are eligible to apply for this \$250.00 scholarship. The deadline to turn in this scholarship application is August 2, 2024.

NOVEMBER 2-3,  
2024

# SAVE THE DATE

FALL  
FORUM

Holiday Inn Convention Center  
Stevens Point, WI




UW-MADISON EXTENSION





Summer 2024

**Aerica Bjurstrom, Regional Dairy Educator**  
 920-388-7138 \* [aerica.bjurstrom@wisc.edu](mailto:aerica.bjurstrom@wisc.edu)

**Chris Clark, CCA, Northeast Regional Outreach Specialist**  
 715-850-2888 \* [clark3@wisc.edu](mailto:clark3@wisc.edu)

## 2024 is the year to Join!



This is the year to attend a local farmer led watershed or demo farm group event. Some in our region include: Peninsula Pride Farms, DK Demo Farms, Fox Demo Farms, Green Bay West Shore Demo Farms, Upper Fox-Wolf Demo Farms, Between the Lakes Demo Farms, Seven Rivers Soil Cooperative. These are groups of farmers who work together to share ideas and resources on trying and adopting practices like limiting tillage, planting cover crops, diversifying rotations, increasing nitrogen efficiency, and engineered structures that limit erosion. Proving what works here locally, the groups host field days, network to share farming tips, and provide incentive funds to farmers for adopting conservation practices.

Some of the recent incentives have included:

- Buffer Strip adjacent to Stream \$650/acre
- Soil Health Bundle: Cover crops, No-till, Planting Green \$60/acre
- Cover Crop Planting \$15 – 35 / acre
- Planting small grains 1st time \$15/acre
- Conservation Walkover \$250
- Contract with an Independent, Soil Health Agronomist \$500
- Low Disturbance Manure Injection \$20/acre
- Reduce Phos. Runoff \$25/ lbs P
- Phos Indexing \$1/acre

Watch for upcoming events to attend in your area and join and start the journey towards protecting the water where you farm.

## Automatic Milking Systems (AMS) User Group builds on inaugural success

It's National Dairy Month and the University of Wisconsin-Madison Division of Extension is pleased to announce the second [Automatic Milking System \(AMS\) User Group](#) meeting.

Join the AMS User Group Thursday, July 18, 2024 from 1:00 PM to 3:30 PM at Never Rest Dairy in Watertown, WI.

Attending in person is encouraged for the best experience and networking opportunities within the AMS community. However, there is an option to join via Zoom.

AMS user commitment and active participation is crucial. We encourage you to bring an AMS friend to our next meeting to enrich our discussions and expand our network.

**Pre-registration is required by July 10th.**

To register visit <https://go.wisc.edu/Ext-AMS>



## Beef x Dairy Management Workshop to be hosted by UW-Madison Division of Extension July 29, 2024

Learn about nutrition, feedlot management, and carcass composition for beef x dairy crossbred cattle during the upcoming Beef x Dairy Management Workshop.

Jerad Jaborek from [Michigan State University Extension](#) will join Alyssa Seitz, Bill Halfman, Ryan Sterry and other [University of Wisconsin-Madison Division of Extension](#) educators in this free workshop. Learn more and register today!

Topics and Speakers include:

- ⇒ *Feeding and Managing Beef x Dairy Crossbred Cattle*, Dr. Jerad Jaborek, Michigan State University
- ⇒ *UW Feeding Trial Results, and Carcass Composition and Meat Sensory Pannel Experience with Beef x Dairy Crossbreds*, Alyssa Seitz, UW-Madison project Graduate Student
- ⇒ *On-farm Feedout Performance and Dairy Farmer Survey Results*, Bill Halfman, Extension Beef Outreach Specialist, and Ryan Sterry, Extension Regional Dairy Educator
- ⇒ *Q&A and local topic – host Extension educators*

The workshop starts with registration at 5:15 PM, and the program begins at 6:00 PM. Food and refreshments will be available for pre-registered attendees. Date and location:

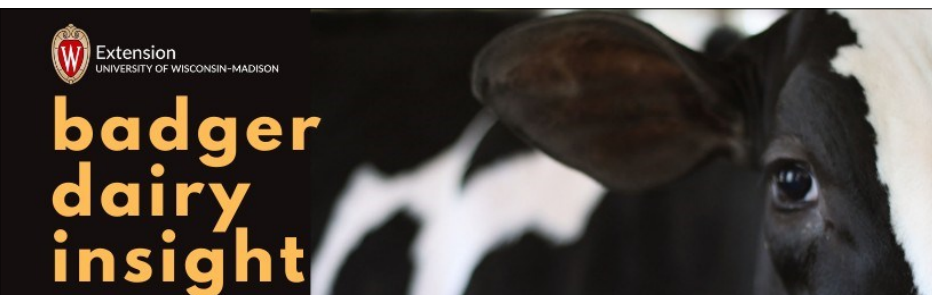
**July 29:** UW-Green Bay STEM Innovation Center, 2019 Technology Way, Green Bay

Pre-registration by July 22, 2024, is required.

**Register at:** <https://go.wisc.edu/j209s7>

For more local information and help with registration, please contact:

- Green Bay location: Aerica Bjurstrom [aerica.bjurstrom@wisc.edu](mailto:aerica.bjurstrom@wisc.edu) 920-388-7141



Join the University of Wisconsin-Madison – Division of Extension's Dairy Program on the third Tuesday of each month from 11am-12 pm CST for the Badger Dairy Insight webinar series. New this year we are switching our webinars to a monthly platform. We are featuring your local Extension Dairy Program Educators and UW Specialists as they present on current dairy topics. Take the opportunity to learn from and discuss with experts on the dates below.

There is no charge to participate in the sessions, however pre-registration is required to allow access.

**All webinars will be the third Tuesday of the month at 11:00 AM.**

**July 16**—Leveraging digital technologies to improve management decisions in dairy farms

**August 10**—Nutrition focus

**September 17**—HPAI and herd biosecurity

For a full list of upcoming webinars and to register, visit <https://dairy.extension.wisc.edu/badger-dairy-insight/>





Summer 2024

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## HPAI Update: New testing requirements for Dairy events in Wisconsin

Effective as of June 19, 2024, Wisconsin Department of Agriculture, Trade and Consumer Protection (DATCP) now requires that lactating dairy cattle “must receive a negative test for Influenza A virus at an approved National Animal Health Laboratory Network (NAHLN) laboratory prior to moving to fairs or exhibitions. Samples must be collected no more than **7 days prior to movement** to the fair or exhibition. Testing is available to producers at no cost through USDA APHIS at NAHLN laboratories. Producers may also apply for reimbursement of shipping and veterinary fees for collection of samples.” This order will remain in effect until 60 days after the last detection of H5N1 in U.S. cattle herds.

UW-Madison Extension Dairy Program Area created a visual scenario-based factsheet to navigate current conditions of the interstate transportation federal order and WI intrastate requirements, as well as a HPAI resource page. Dairy producers should work with their herd veterinarians to collect and submit samples.

Wisconsin DATCP Division of Animal Health (DAH) provided several biosecurity recommendations for those participating in exhibition shows and fairs. Brief highlights of this information and our added examples (in italics) are below:

### Exhibitor Biosecurity

If dairy producers choose to participate in shows and exhibitions, consider:

- Isolating animals that return from a show or exhibition from the home herd for at least two weeks
- Testing animals that return from a show or exhibition prior to reintroduction to the home herd
- Avoiding the use of shared equipment, especially milking equipment between cows from different herds (*ex. Milking claws, dip cups, feed and drinking buckets, etc.*)

### Dairy Event Biosecurity Recommendations

If lactating dairy cattle are exhibited, DAH asks event coordinators to consider:

- Reducing the days cattle are on site to less than 72 hours
- Limiting commingling of cattle from different herds (*avoid nose to nose contact of dairy cows*)
- Limiting commingling of lactating and nonlactating cattle
- Preventing commingling of different species
- Reducing spectator contact with animals on exhibit
- Create a biosecurity plan that reduces risks of spreading disease between exhibitors, including cleaning of any commonly used equipment between uses (*ex. Milking claws, dip cups, feed and drinking buckets, etc.*)
- Making a plan for collecting, treating, and disposing of milk collected during the exhibition as well as cleaning between use
- *Do not house/stall lactating dairy cows nose-to-nose if possible.*

### Stay Informed

This situation is constantly evolving as more information becomes available. Stay up to date with the most current information by visiting and subscribing to email alerts from USDA, NMPPF, WI DATCP, and CDC websites.



The Badger Crop Connect series provides agronomists, crop consultants, and farmers with timely crop updates for Wisconsin. CEUs are available by topic for each presentation.

Recordings for on-demand viewing are available on the Division of Extension’s YouTube channel or by expanding the Recordings tab below. To receive emails about upcoming webinar topics, recorded video availability, and other training opportunities and resources, sign up below.

*Webinars are held at 12:30 p.m. on the second and fourth Wednesdays each month from April to October.*

Register today at <https://cropsandsoils.extension.wisc.edu/programs/badger-crop-connect/>

### Upcoming dates (topics TBD):

- July 10
- July 24
- August 14
- August 28
- September 11
- September 25
- October 9
- October 23

## Attend Regional Nutrient Management Meeting

Registration for the 2024 nutrient management regional meetings is now open! Register at [https://lnkd.in/eQFWi7\\_A](https://lnkd.in/eQFWi7_A)

Wisconsin DATCP has partnered with, NRCS, the UW Nutrient and Pest Management (NPM) team (Jordan Kampa, Michael Geissinger, Chris Clark- CCA, Landon Baumgartner, Dan Smith, Kevin Shelley) and the SnapPlus team to bring you updates and information related to all things nutrient management!

The meetings are free to attend and light lunch and refreshments will be sponsored by the WI CCA Board and WI Land and Water. CEUs will be available! The best options for Brown, Kewaunee and Door:

September 10 – Appleton 9 a.m. to 1 p.m.  
Fox Valley Technical College- Room A170 A&B  
north end of campus)  
1825 N. Bluemound Drive, Appleton, WI 54912

OR

September 5 - Statewide Virtual  
9 a.m. to 1 p.m.  
Virtual webinar  
Register at [https://lnkd.in/eQFWi7\\_A](https://lnkd.in/eQFWi7_A)

## 2024 Nutrient Management Regional Meetings



LOCATION	DATE & TIME	REGISTRATION IS REQUIRED (click or scan)
<b>SE Region</b> Jefferson County Highway Department 1425 S Wisconsin Dr, Jefferson, WI 53549	August 20 <sup>th</sup> 9am-1pm	<a href="https://go.wisc.edu/r96xmn">https://go.wisc.edu/r96xmn</a> 
<b>SW Region</b> Iowa County Health and Human Services 303 W Chapel Street, Dodgeville, WI 53533	August 21 <sup>st</sup> 9am-1pm	<a href="https://go.wisc.edu/6mp092">https://go.wisc.edu/6mp092</a> 
<b>NW Region</b> L.E. Phillips Memorial Public Library Riverview Room 400 Eau Claire St Eau Claire, WI 54701	September 4 <sup>th</sup> 9am-1pm	<a href="https://go.wisc.edu/ble05x">https://go.wisc.edu/ble05x</a> 
<b>State-wide</b> Virtual Webinar	September 5 <sup>th</sup> 9am-1pm	<a href="https://go.wisc.edu/013175">https://go.wisc.edu/013175</a> 
<b>NE Region</b> Fox Valley Technical College Northend of campus: Room A170 A&B 1825 N. Bluemound Dr, Appleton, WI 54912-2277	September 10 <sup>th</sup> 9am-1pm	<a href="https://go.wisc.edu/5y3y8c">https://go.wisc.edu/5y3y8c</a> 
<b>NC Region</b> Northcentral Technical College A165 in A Building 1000 W Campus Dr, Wausau, WI 54401	September 12 <sup>th</sup> 9am-1pm	<a href="https://go.wisc.edu/293361">https://go.wisc.edu/293361</a> 

**Join us for our annual meetings!**  
Light lunch and snacks will be provided sponsored by WI CCA Board and WI Land and Water.  
CEUs will be available.  
Meetings are free!



**Participate in the 40<sup>th</sup> World Forage Analysis Superbowl!**

Entries are now being accepted for the 2024 World Forage Analysis Superbowl. Corn silage entries must be received by July 10, 2024. All other entries must be received by August 22, 2024.

Visit <https://worlddairyexpo.com/pages/World-Forage-Analysis-Superbowl.php> for the 2024 entry form/





## 35 million Americans are caring for an older loved one, are you one of them?

Are you currently caring for an older loved one? Or, are do you feel it's time to start getting more involved with the care or support of a loved one? If so, you may be looking for free resources to help you help your love one live their best life as they get older, check out the Agefully Tool for Family Caregivers. Agefully is an online evidence-based tool for family caregivers developed by nurses at UW-Madison in the School of Nursing's Center for Aging Research and Education with input from real families. Agefully provides you with a number of assessments, articles and plans that help you work with your loved one and other family members to determine what resources will best fit your loved one's needs to help them thrive.



Agefully gives you access to free guidance and support on the following topics:

- \*Driving
- \*Finances
- \*Caregiving Skills
- \*Home Safety
- \*Family Dynamics
- \*Health

All you need to do is create an account to get started! Go to the Agefully website to get started <https://agefully.me/#/home>.

If you have any questions about how to connect with a local Family Caregiver group, contact your county Extension Office, County or Tribal Aging Unit or Aging and Disability Resource Center. For additional questions, contact Life Span Program Manager, Sara Richie, at [sara.richie@wisc.edu](mailto:sara.richie@wisc.edu).

### Mastery Makers

The Aging-Friendly Kewaunee County coalition has been meeting to address the needs of our older population. One of our key objectives is to reduce loneliness and its negative impact on health by promoting volunteer work and social activities. We created short videos that highlight the Mastery Makers who are over age 60 and making a positive influence in our county.

#### Watch the videos here:

<https://kewaunee.extension.wisc.edu/families-finance-wellness/mastery-makers/>



**Join us for the StrongBodies Program!**

StrongBodies has been shown to increase strength, muscle mass, and bone density. Classes are held twice weekly and include progressive resistance training, balance training, and flexibility exercises.

Questions? Contact Jen Whitty at [jennifer.whitty@wisc.edu](mailto:jennifer.whitty@wisc.edu)

**Virtual StrongBodies - Summer 2024 Session**

**Dates:** July 9 through September 26, 2024

**Time:** Tuesdays and Thursdays, 9:00 – 10:15 am

**How to Sign Up:** Register online at <https://go.wisc.edu/uh8933>

\*A welcome email with the Zoom link to join class will be sent in the week prior to the series or within 3-5 days if registering after July 1st\*



An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements.

FoodWise education is funded by the USDA Supplemental Nutrition Assistance Program—SNAP and Expanded Food and Nutrition Education Program - EFNEP.

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Tus Tswv Hauj Lwm Ntawm (EEO/AA), ntawm lub Tsev Kawm Ntawv Qib Siab (University of Wisconsin-Madison Division of Extension) pab rau kev neaj ncees txog kev hauj lwv thiab kev pab cuam, xws li nyob rau hauv Title VI, Title IX, thiab ntawm tsab cai Americans with Disabilities Act (ADA) yuav tsum kom muaj thiab Feem 504 ntawm the Txoj Cai Kev Pab Rov Tsim Kho Uas Tau Teev Tseeg.