Association for Home and Community Education Jan Tess 920-255-2546 President Issue 1

President's Message

Well, our "New Way of Leading" we mentioned in last newsletter is working well in some ways, and needs work in others. Overall, it's been going good. But then, I've been gone quite a bit and not thinking about HCE things, so maybe I don't know! I have to say that my "committee" knew I was gone and kept things flowing in my stead. This is the way it should work, so thank you! I call it my committee, it includes our officers, past presidents, co-president elect, and anyone else I feel can keep me on my toes. It's great to have everyone's input and advice. Many hands make light the work. (But I still work really hard, y'know!)

We will be working on our Constitution and Bylaws revisions, so you may be asked for your input on a position you hold, because you are the expert. We need to have accurate descriptions and duties revisions. This should help future holders of that position to do the job as well as you have all been doing. Well, nearly as well, because you are the best, right?

In that light, the area we need to work on is com-

Newsletter Reports Reminder!

Committee chairs and program facilitators are to send me announcements and follow-ups, as always was asked in the past. It's part of the job duties.

This year it will be even more important for announcements, as the Program Book cannot hold all the details, it needs to be announced in the newsletter. A little write up on your upcoming program is will let our members know if it interests them or not. I will not be writing these and it is important to keep our membership apprised on our events.

I've had more clubs sending their minutes, thank you!

The next newsletter will come out probably in two months.

Jan Tess, Newsletter Editor

Kewaunee County HCE Scholarship

The Kewaunee County HCE Scholarship application is available for 2024. Guidelines and applications County applicant, though special consideration may be are online at http://kewaunee.uwex.edu/family-living/ <u>hce/</u> (way on the bottom of the page) or at Kewaunee, Luxemburg-Casco, and Algoma High Schools. Completed applications are due to Jan Zenner, 1221 Kilbourn Street, Kewaunee, WI 54216, postmarked on or before April 1, 2024.

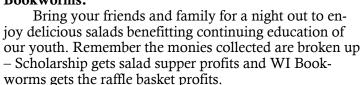
munication. I know this is a little different than done in the past, but it's integral to leading and guiding our group. In my dual role as President and Newsletter Chair, I really do need progress reports. So often, especially in doing the newsletter, I find I don't have the information needed to put together the news members have to know. Sometimes I feel, gee, this is supposed to be helpful to our members, how can it relay our news, etc. when I don't know? Again, as with the Presidential role, information should flow in, not be sought. Right now, being dual works well since only one communication is needed from committees, program coordinators, etc. It's going to be another communication later when I am no longer Co-President. (Oh and I DO hope that happens after my terms are up! A plug for someone to step up, when we need to elect a President-Elect! We're getting it all easier for you!) And come to think of it, if anyone else wants to do newsletter, I will give it up! lol In HCE Friendship, Jan

Mar. 2024

Salad Supper

The annual Salad Supper is being held on **Tuesday**, April 9 from 5-7 pm at Holy Rosary Church in Kewaunee.

Each HCE member should bring a large salad or 2 small ones. Also each club should make up one basket for the raffle to benefit WI Bookworms.



Help is also needed, especially after the dinner, to help clean up.

This scholarship is available to any Kewaunee given to the child/grandchild of an HCE member.

We as a county are considered a scholarship for a first time attendee of the State HCE Conference in September. This would be for one of our own county members. Ideas as to how this would work are welcome! It would be a memorial for Anita Schuller.









Hilltoppers: Met and assigned tasks for the spring banquet. Millaine Wells is the speaker. Several members donated to Zoupart with baked goods.

Franklin Farmerettes: Members donated baking to Zoupart and discussed turnout. Assembling a Baker's Delight Basket for Salad Supper raffle. Working on Fall Fun Fest. Lakettes: Talked about the Executive Board Meeting, Spring Banquet.. Several members donated baked good to

Lakeshore Legacy: Talked about Zoobilee and Fall District Meeting. Many members rang bells for Salvation Army, total was more this year than last. Will donate to Food Pantry, andlso donated to Zoupart. Talkied about items for Salad Supper raffle basket.

Sunshine: Went through business from Association Meeting, and NE Fall Districtee meeting, speaker from which was enjoyed & will be speaking at a future State Confer-

Be sure to send copies of your minutes to Jan.

In Memoriam

Mary Jo Dworak, member of Kewaunee County Lakettes passed away Jan. 29, 2024. She was an HCE member for a total of 18 years. She will be sadly missed and we offer our condolences to her family. Mary Jo was 71.



Zero Hunger

In the last "Update" Lylene Schultz, State International Chair, challenged each HCE member to donate 2 cans of food to their local food pantry, then report the total from their county at their next Spring Association Meeting and Spring District Meetings.

These totals will then be included in the President's report at 2024 NVON annual conference in July.



The Kewaunee County HCE Banquet will be held on Tuesday, May 6, at the Rendezvous N896 County N, Luxemburg. Social Hour starts at 5:00 with dinner served at 6 pm, hosted by Hilltoppers Club.

The dinner features beef tips and chicken with all the trimmings. Please send payment to Mari Fager with one check per club. Cost is \$20/ea. Invitations were sent to club presidents so please work with them to get your reservation in! Thank you!

Estate Planning/Rehabilitation Facilities/Nursing Homes/Funeral **Planning**

Mar. 12 11 am—2 pm

East Shore Industries, 813 Rabas St., Algoma

Don't miss this "DAY OF LEARNING" on Tuesday Mar.12 starting at 11:00 a.m. You will learn from a lawyer about Estate Planning. We will then break for lunch. Lunch will be on your own. Water and coffee will be provided. At 12:30, we will have a presentation on Rehab, Assistant Living and Nursing Homes and possibly Hospice care. Our last presentation will be at 1:30 on Funeral Planning. These are all stages of our life that we need to start planning so family left behind do not have to decide what you would want. We will learn if these are not on paper legally, there will be costly and timely actions that the family will face. Reserve your spot by calling or texting Mary Starr 920 255 4066 or Judy Malcore 920 412 3922 by Mar. 5. Spread the word and bring some friends to East Shore Industries 813 Rabas St. Algoma.

Outstanding HCE Member 2024

Please submit your recommendation for the 2024 Outstanding HCE Member Award which is presented at the Spring Banquet. Have your submis-

sions turned in to Jan Tess by April 27, with a short write up of your nomination's HCE history. Good luck to all!



Thank you thank you thank you to the bakers of the group (and those who donated money). The Zoological Society tells me they raised \$14,535—more than any other year.

We had so many delicious treats that the people enjoyed. Our

bakers included Pat Lufter, Michelle Hinson, Hong Wiley, Gert, Mary Novak, Mary Ver Haag, Judy Oftedahl, Betty Haylovitz, Pat Joski, Linda Vogel, Jan Tess, Shirley Nell and me. Hopefully I did not

Now I won't be bugging you till September the annual bake sale at Zoobilee.

Thanks again

Kay Ratajczak

Thank you to Kay and all the amazing bakers in this group, You Ladies Rock! We appreciate the awesome dessert bites so much. Every year ZoupArt grows and it's because of all the amazing volunteers that help make it what it is!

Thank you Pam Zander, President Zoological Society of Kewaunee County Be the Light Wrap

15 People attended a very energetic and motivating program, Be The Light, presented by Matt Joski. He talked about counting our blessings though sometimes he said we have to look hard to find them. Gratitude is defined as a sense of wonder, thankfulness and appreciation for life. Gratitude promotes optimism and positive thinking, it increases self worth and self esteem. It helps us cope with daily stress and trauma, it contributes to progress toward our goals, and it builds social relationships. It is also linked to decreased depression, anxiety and loneliness. Think of 3 things you HAD to do today, now change those same 3 things into a statement 3 things you GOT THE OPPORTUNITY to do today. It is all a matter of one's perspective. Be sure to share your optimism with others, don't just keep it to vourself.

I am sorry if you couldn't attend this program, life happens. I hope you will put all the other scheduled programs from your Program Book on your calendar. Looking forward to a great year with HCE! *Judy Oftedahl*

Upcoming Meeting/Conference

Watch for information coming on our Northeast District Spring Meeting and the HCE State Conference. The District info should be out shortly, and the State Conference info comes out in the May Update

NE Spring District Meeting

April 25, 2024 at United Methodist Church in Seymour, hosted by Outagamie County

HCE State Conference Experience the Magic of HCE

Sept. 16-18, 2024 at Hilton Paper Valley, Appleton

For now you can save the date, and if planning on attending the State Conference, you can already reserve a room. https://www.hilton.com/en/book/reservation/deeplink/?

Entertainment at State HCE Conference

Last but not least! I found this unpublished State Conference Report from 2022, Flash back!

I attended the State HCE Conference on September 19-21, 2022 held in Onalaska WI. I attended a number of sessions, including a trip to a planetarium and a Grandad Bluff Bus Tour. The planetarium was pretty cool, altho a few snores were heard once the lights went out to view the solar system. (Not from me, tho!) Grandad Bluff was very pretty with the colors starting to come in.

I thought the Keynote Speaker for the dinner the first night was awesome, Lisa David Olson. She had a very humorous way to look at life. She has a quick wit and can make any situation funny. She and her husband had an impromptu exchange. He is as funny as she is! He was there as her camara man for the evening.

I think that Judy Oftedahl has a wonderful shot of her, she noticed Judy taking a picture and came right

Is the Book Better Than the Movie? Wrap

On Feb.1, 2024, at the Kewaunee Public Library 11 HCE members enjoyed watching "Are You There God? It's Me Margaret" movie after reading the book in January. After the movie the group moved to the main portion of the library since the library's Lego Club was scheduled immediately after the movie in the room. A very interesting discussion was held, albeit quietly, about the movie, the book, and most interestingly personal experiences becoming a woman—by the ladies. Seems we all go through the same things but in many different ways.

In late autumn watch for information about another episode of Is the Book Better Than the Movie?, this time if all the pieces fall into place we will read and watch "The Boys in The Boat", a 2013 book by Daniel James Brown that comes highly recommended.

Many thanks to Judie Pahnke who could not attend this screening, but who worked with Ann and Carol at the library to make the arrangements for this event, as it was well received.

I think we should continue this program, and if any of our members would like to host this program in the future please let Jan Tess know you are interested. The best part of taking on this program as host is that there are many members to help or answer any questions you may have. Also, the library makes the popcorn! Please consider volunteering; to lead this event or any other programs that are coming up.

Deborah Henninger

2024 WI Bookworms Reading Dates

Meet at 8:20 am in the Kewaunee Elementary Office. You must have completed a background check with the School District ahead of time. Contact the school office for more information on filling out that form. For WI Bookworm information contact Linda Vogel or Janice Gilbertson. Remaining Spring 2024 Reading Dates:

March 21 April 18 and May 16

up into the camera lens for her. Judy dutifully kept on reporting and has a lovely close up of Lisa! Lisa's exchange with a telemarketer was hilarious! She kept telling him her husband went to the store for something or other and hadn't come back yet, what should she do? Do you think he's ok? It's been two days now, etc.

The Tart's Delight presentation held at the luncheon was also very good. A retired librarian, Kelly Krieg Sigman, took on the role of one of Onalaska's former "Tarts". She had very interesting knowledge of the some of the town's leaders, and a lot of history of Onalaska's edgier side.

Shirley Nell, Jean Rankin and myself will be presenting one of the educational programs from the conference in conjunction with the Kewaunee County Garden Club in April of 2023.

Submitted by Jan Tess