

Association for Home and Community Education



Kewaunee County

Co Presidents Jan Tess 920-255-2546

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Volume 6
Issue 1
Jan/Feb 2023

President's Message

A **New Way of Living** is the State HCE Presidential Motto for the next two years. So...

Happy New Year and welcome to a new year of Kewaunee County HCE. Thank you for placing your trust in us, we will do our best to honor that trust.

This is a new experience for me, Judie, and I will be leaning heavily on Jan's experience and knowledge. Judie brings a lot of strength in leadership to our HCE table. We are trying a few new things so bear with us as we learn alongside of you. We've already been meeting together and discussing how we think things might work a little slicker. We may be wrong, but we are willing to try out ideas!

We have divided up the committees, each of us will be contacting the chairs of our respective committees in hopes to streamline the process of the requested monthly reporting. We believe communication is necessary to be able to conduct the business of our whole group. Committees run pretty smoothly on their own, we have no worries about that, all we want is to be kept in the loop. If you have questions please contact your specific contact president. Some committees the Co-Presidents need to be involved in, there need be no reporting from these committees when that is the case.

As you have noticed, there will be an hour social before each Executive board meeting. This is the time to meet with your committee members and hash out any questions/problems. You have the opportunity to give a 3 minute committee report during the Executive Board meeting. This is also the time we hope to review Yearly Lists of Duties, a couple at a time. This should make it easier for everyone to understand their and others' duties without additional meetings.

Again thank you for giving us the opportunity to lead you to what you will all accomplish in 2023!

*In HCE friendship,
Jan and Judie*

Webpages Update

We are fortunate to have Kewaunee County HCE's events and important things on two websites, and both have recently been updated! Check it out at: <http://kewaunee.uwex.edu/family-living/hce/>

<https://wahceinc.org/kewaunee-co-hce/>

In Memoriam



Sadly, in 2022 three of our members passed away.

We lost Jackie Yon, member of Lakeshore Legacy in May, Lois Siegmund, member of Sunshine, in August, as well as Ethel Zimmeran, an Individual member, in November. We already miss you Jackie, Lois and Ethel. At our January Executive Board meeting, \$25 for each member will be donated as a memorial to a charity.

2023 Program Books

The 2023 Kewaunee County HCE Program Books have been printed and distributed to club presidents. You should be receiving your copy soon if you haven't already. There are, of course, errors that need correcting. We did this during the holiday season and it seems the naughty Elf on the Shelf got at our book after we proofread. It's true!

Pg. 9, Zoupart, the date is Feb. 26, Sun.

Pg. 14, Sept. 26, Tues. Program Planning

Pg. 15, Oct. 21, Sat. Fur Trading

Scholarship Applications Now Available

The Kewaunee County HCE Scholarship application is available for 2023. Guidelines and applications are online at <http://kewaunee.uwex.edu/family-living/hce/> (way on the bottom of the page) or at Kewaunee, Luxemburg-Casco, and Algoma High Schools. Completed applications are due to **Jan Zenner, 1221 Kilbourn Street, Kewaunee, WI 54216, postmarked on or before April 1, 2023.**

This scholarship is available to any Kewaunee County applicant, though special consideration may be given to the child/grandchild of an HCE member.

Also state WAHCE has scholarships available:

Memorial Leadership Scholarship, Ruth Buxton Sayre Scholarship and Ardith McDowell International Scholarship. Go to the website <https://wahceinc.org/wahce-scholarships/>

Zoupart

We are asking for donations of goodies for the Zoupart event on Feb. 26. You can bring baked items to Kay Ratajczak's house in the week before the event. The Zoological Society appreciates our help and gives us credit for our work. Thank you ahead of time!





Executive Board Meeting

Mon., Jan. 16, 2023

Kewaunee County Hwy Dept.



Social 12:00 pm Meeting 1:00 pm

First social will include VP yearly list of duties. We need to compile the two positions and update.

Reports should be 3 minutes or less. A written/text/email to Deborah Henninger would be appreciated.

2023 Spring WI Bookworms Reading Dates and Times

Reading times: 3 classrooms -first two at 8:30 am. Third classroom at 9:00 am. Meet at 8:20 am in the Kewaunee Elementary Office. You must have completed a background check with the School District ahead of time. Contact the school office for more information on filling out that form. For WI Bookworm information contact Linda Vogel or Janice Gilbertson.

Remaining Spring 2023 Reading Dates:

Mar- 16-2023

April-20-2023

May- 18-2023



Tie Dye Bandana

This program was held on Oct. 11 at Hippelicious in Kewaunee.

Tammy Schleis is a fantastic teacher. She welcomed us with refreshments. She is a guru of tie dying. While her shop is a treasure trove of hand crafted gifts and clothing, many items are on consignment from local talents. 4 women participated in dying bandanas. We used 2 methods: liquid dye and the ice cube method. We have moved way beyond Rite Dye.

Tammy told us the many steps to prepare the blank material, to dying, to the finished project.

Your mind is the creator and the end project you hope is what you wanted. It was 3 hours of learning and appreciating an art form.

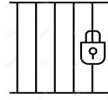
Submitted by Linda Vogel



Plan Ahead!

- For our great programs in the coming months. Check your program book for details or at <http://kewaunee.uwex.edu/family-living/hce/>

Programs



January

New Jail with Matt Joski

Tues. Jan. 24-1:00 pm

Facilitator: Judie Oftedahl 920-370-1422
Kewaunee Co. Hwy. Dept.

February

Is the Book Better Than the Movie?

Where the Crawdad Sings

Friday, Feb. 10-1:00 pm

Facilitator: Judie Pahnke 920-255-3677
Kewaunee Public Library, 822 Juneau



Zoupart

Sunday, Feb. 26-11 am– 2 pm

(note corrected date)

Kewaunee County Fairgrounds

Fall Gnome

This program was held on Oct. 5 at the Kewaunee Highway Dept., taught by Barb Smith of the Kewaunee Co. Garden Club. It wasn't a broom gnome because we had trouble finding a suitable pattern and supplies.

Eight of us wrapped fur around cones, glued it down, added noses and hats, and decorated the gnome hats with ornaments. There was a choice of fur and decorations, so everyone's gnome came out a bit differently—and they were all cute! We even made one for Jenny of the Hwy Dept for all her help in scheduling our meetings. We named her Doorie! It was a lot of fun.

We even brought a vacuum to clean up all the loose fur around the room after we finished.

Submitted by Jan Tess

History Museum

On Thurs., Nov. 10, a program was held at the Kewaunee History Center. Richard Dorner gave an excellent overview of the History Center. He talked about the history, including the previous locations, the successful moving from Algoma to Kewaunee, the ability to purchase the current building and the upgrades they continue to make. He shared the newsletter they send out with many interesting articles.

There are many sources one can find information on: the history of Kewaunee County, military members who served, and information on individuals who lived in the area.

It was a very interesting presentation and my hope is that it will spark more interest in visiting the History Center to volunteer or learn more on topics of interest to you.

Submitted by Mari Fager



Club Corner

Lakeshore Legacy:

June—November This club regularly sends me minutes, so appreciative of that! I'm just going to pick out highlights for this whole time period.

Everyone had a good time at the spring banquet, and pleasantly surprised at the publicity in the newspapers about the awards given. State Conference info is in the last Update. Workers are needed for Music in the Park which starts the Sunday after this meeting! Gave a memorial to the Scholarship Fund in memory of Jackie Yon. Bus trip to Milwaukee was fun and informative for several members. They worked on the trifold display for the State Conference. Going through Marie Mach's collection of HCE information. If any members are going to state conference, please let Kay R know to coordinate rooms and rides. Helen Clinton is no longer making the book bags, there is a surplus for this year yet. Reading starts in October and readers must have a background check before participating. Plans for the State Conference basket were made. They will gather items and assemble. Fourteen members from our county are going to the State Conference. The Extension Office has moved to Luxemburg and a tour of the facilities was given. The Pop-Up Mystery Lunch and Learn was Aug. 31 at the Bakery Bar. Chief Jim Kleiman talked about frauds and scams, very interesting. State basket assembled and looks beautiful! Several members did hand work on it. Members that went to State Conference had a good time and learned a lot. The basket they donated garnered \$51. The Cultural Arts entries were numerous and so beautiful! New officers elected in Nov. There will be a Cookie Walk in Dec. with proceeds going to the food pantry.

Sunshine: Another club with regular submissions of minutes! June-Nov: Report given on county lavender program. Photos of HCE Scholarship winner and Outstanding Awards from the county banquet were published in the local and Green Bay newspaper. Judy reported on upcoming Kewaunee Co. Extension programs on Discovering Your Family History and How to Declutter Your Home. Music in the Park needs volunteers to help with the raffles. We are in charge of the Fall Fun Fest. They made invitations and entertainment. The entertainment was light-house bingo. (which was enjoyed by all in attendance). Started collecting school supplies Pies brought to Music in the Park by members and several members will help in the food stand. Finalized plans for the Fall Fun Fest and wrapped prizes. Discussed Zoobilee success and program suggestions for 2023. Volunteers needed to work at Christkindlemart in November.

Newsletter News

Program facilitators—I'd like a wrap up of how the programs went, how many attended and a little of what you learned to include in the newsletter. Committee Chairs, information on what you're working on, if in season, and follow ups on what happened as a result of your committee's work. This will be compiled from your monthly Committee Reports so you don't need to supply! Newsletters will be published for Jan/Feb, Mar/April, June/July/August and Sept/Oct/Nov. December is club parties and such, we will use emails to communicate if anything comes up. Please also check your Program Book for items. In order to publish I will set the deadlines as follows: **Jan. 10; Mar 10; July 10 and Sept. 10.** We'll see how this works and modify if necessary. Thanks!

Thank You!!

Thank you HCE members for electing me your county co-president three years ago. I am HAPPY that my term has ended and Jan Tess and Judie Pahnke will now fill the position. I know that they will do a great job in keeping Kewaunee County HCE alive and well. I look forward to being an active member minus the presidential responsibilities.

Thank you!

Mari Fager, Past Co-President

Thank You!!

To be involved with HCE is to help and plan and organize meetings, programs and community events. Someone who does this with experience and ease is our past Co-President, Mari Fager.

Mari is always willing to put in the extra time to make meetings, programs or an event important for HCE members to attend. Mari has a vision of what needs to be done and knows how to get it done. She kept us focused on the task that was ahead of us. She is an inspiration to all of us - our members come forward to get involved with our HCE organization, helping it become stronger and more involved in helping others in the community.

On Jan. 1, 2023, our new Co-Presidents are Jan Tess and Judie Pahnke. They have many ideas and goals on how to keep moving forward with Kewaunee County HCE.

Submitted by Jeanne Dworak, Past Co-President

Impact of HCE—2023

To recognize the achievements and contributions of HCE members, each member is asked to complete the Contribution report. Information will be compiled into an "Impact of HCE" report. The form is available at [Impact of HCE](#).

Ignore the dates due to the state. These are due to Roxanne Clark BY JUNE 1 so she can compile the results!

State Conference 2022 Reports

The WAHCE Annual Conference in Onalaska on Sept. 19-21, 2022 had 5 different breakout sessions, each with 5 different choices of subjects. That's in addition to the podcast humorist keynote speaker that was so entertaining! I chose sessions on Sustainable Living, Casting for Membership, Protecting Yourself in the Digital World, Gardening as Your Garden Grows and Prairie Wildflowers for Attracting Butterflies, Birds & Pollinators. It was hard to choose topics when I registered several months ago, since there were so many other subjects and I could only pick one per time slot! I could have signed up for wine making, soap making, embroidery, dementia and brain health, Immune function and nutrition, and another ten plus choices.

My favorite session was listening to Neil Dibill, president of Prairie Nursery. He spoke on the subject of Prairie Wildflowers and pollinators. He started with a small business nearly 20 years ago, selling native plants and teaching others the importance of having plants that support pollinators and our ecosystem. He has become an expert on native plants and his nursery near Madison has grown immensely. I have heard him speak on the Larry Mieller Garden Talk show on WPR 88.1 radio show several times in the past few years, so it was interesting to meet him in person and get a copy of his wonderful Prairie Nursery seed and plant catalog.

Submitted by Shirley Nell

This was my first State Convention and was a little overwhelmed. I enjoyed the break-out sessions especially the one by Tony Yang, a Hmong refugee. I was blown away with his experiences in the refugee camps and his story of how he came to the United States. His father was a soldier for the US during the Vietnam War but is not entitled to any veteran's benefits. This bothered me very much as his father has many health issues related to Agent Orange.

The entertainment was fantastic and because of my eye sight I was given much help. The only glitch in our experience at the convention was the Trolley Ride. We did not have a tour director and it was not worth the price paid.

I will definitely attend future conferences.

Submitted by Judie Pahnke Co-President Elect

This was my first time attending HCE State Conference, I attended a very interesting session called Sustainable Living with Marilyn Pedretti. She told us how she helped build houses in Texas for the poor. The walls were built out of straw bales and Stucco/Clay in the inside to keep out the heat and while there she had an idea, she thought why not do the same thing and keep out the cold in Wisconsin. She purchased some land from her parents and with family and friends she started her straw house. They all thought she was crazy and wouldn't work but she was out to prove them wrong!

Most of her furniture and light fixtures came from the Habitat Restore, she believes in reusing instead of new! Her heat and lights come from her 8 Solar Power Panels, she also has a huge garden and eats what she grows and sells the rest in her vegetable stand. She basically lives off the grid in peace and harmony with nature. I found the session very interesting and someday would love to have a tour of her house!

Submitted by Jean Rankin

Wine Making 101

Turns out it's not really all that difficult to make wine after all. Having toured wineries and seeing all the land, the equipment and personnel to make wine, it was never going to be something I would consider as a hobby for me.

During the State Conference a winemaking 101 class changed my mind; not only is wine making at home possible but actually quite simple. I had no idea kits are available for purchase, so following the class I did some quick research, and between supply houses, youtube videos, apps and books, there is a wealth of information and tools available.

Do I think I will ever make wine at home; not likely, but for the fella that enjoys wines and has much more patience than I do; a kit may make a future Christmas or birthday gift, which is really the best gift of all, because I get to enjoy it too!

Submitted by Deborah Henninger

Protecting Yourself in a Digital World

As a non literate computer user I went to this program. Maybe I would learn ONE protection for myself.

If your computer is hacked here is what you do:

- Change your password
- Check Account Settings (where is that and how do you do that??)
- Look for tracks-footprints?
- Tell your friends
- Report missed info at-
[IDENTITYTHEFT.GOV](https://www.fbi.gov/identitytheft.gov)

You can get a virus on a computer NOT a phone or Ipad. Your password should be long, 12 characters, and strong. Consider password manager-LASTPASS.COM, this is a service that holds all your passwords securely for a cost. This is used by the UW system.

This program was presented by Katie Herman, she is an IT employee with U.W. LaCrosse.

Submitted by Linda Vogel

I thought the sessions at the conference were really good—good speakers. The drive was very colorful. La Crosse is a beautiful town with the Mississippi River as a backdrop.

My sessions were (1) Real Well Being into spiritual, physical and intellectual, rational and emotional (2) Health Matters—think positive, live your life with new things, love yourself, healthy diet, exercise, social get togethers (3) Protecting Yourself In a Digital World—how to deal with scams and what to do if they happen (4) Dementia and Brain Health—on brain health communication and educational tips and resources. (5) Support Your Immune Function With Good Nutrition—maintaining a strong immune system is important for good health.

Good overall meals with a good beautiful place to stay.

Submitted by Mary Vogel