

New Year's Resolutions

Did you set New Year's resolutions? Did you include "Getting in Shape" in order to be more financially fit?

These planning tools may help you "shape up" your spending. And, if you have school-age children or grandchildren, there's a "money map" below.

Shape Your Spending by Creating a Plan Spending Plans



A good spending plan can help you stop “spending leaks” and keep you from spending money without thinking.

[Find the Spending Plan module here](#) – it only takes about 30 minutes to complete.

Money Map for children in 3rd-12th grades: This new tool from the CFPB will help children understand how to manage their money. The “[Map your money journey](#)” is for students in grades 3–12. It assesses their attitudes, skills, and habits by measuring their development of three interconnected building blocks of financial capability. When children complete the survey, they are given three things they can do to improve their money journey. The worksheets allow them to explore their strengths and review their areas of growth. Happy New Year and Cheers to Financial Fitness!