

What is *Strong Feelings*?

Strong Feelings is a 6-part video series designed to help adults understand and respond to children's strong feelings using emotion coaching. Supporting children's emotions helps them feel better, manage their behavior, and feel closer to caring adults. Each video reviews a different aspect of emotion coaching. We've also provided additional resources to learn more about children's strong feelings and to talk about emotions with children. While these videos are intended to be used with any audience of caregivers, however, the final video was developed with justice involved families in mind.

Where can I access *Strong Feelings*?

All *Strong Feelings* resources are available at :

<https://parenting.extension.wisc.edu/strong-feelings/>

You can also download and share the [Strong Feelings Handout](#) (image shown).

Who developed *Strong Feelings*?

Strong Feelings was developed in 2020 by Dr. Robert Nix, PhD, Pam Wedig-Kirsch, MSE, Mary Huser, MS, and Dr. Anne Clarkson, PhD, MPH. Thanks to Kevin Murphy to technical support. If you have questions you can contact Dr. Clarkson at anne.clarkson@wisc.edu.



Wisconsin Emergency Rental Assistance

Recently, the Wisconsin Department of Administration (DOA) announced the [WI Emergency Rental Assistance \(WERA\) Program](#) in partnership with the Wisconsin Community Action Program Association and Energy Services, Inc. to assist eligible renters impacted by the COVID-19 pandemic who need help with their rent, utilities, or other housing stability.

- Eligible households may receive up to 12 months of assistance to help with current or overdue bills. A household may qualify if at least one or more individuals in the home meet the following:
 - o Qualifies for unemployment or has experienced a reduction in household income, experienced major costs, or experienced financial struggles due to COVID-19;
 - o Demonstrates a risk of being evicted; and
 - o Has a household income at or below [80 percent of the county median](#).

NOTE: The counties of Brown, Dane, Milwaukee, and Waukesha, as well as the cities of Madison and Milwaukee, are operating their own emergency rental assistance programs and are not participating in the WERA program. Interested residents in these areas should apply directly to their local government's rental assistance provider with contact information [found here](#). Individuals can find more information or apply for the program on the [WISCAP website](#). [This infographic](#) also provides a summary of the program with contact information.

The CDC order for a temporary halt in evictions is still in place through March 31, 2021. Note that this moratorium **does not** happen automatically. If renters are unable to make their monthly rent payment, the renter **must give a 'declaration'** to their landlord or property manager. Visit the UW Extension website for related resources: <https://fyi.extension.wisc.edu/toughtimes/covid-19-financial-resources/>

UW-Madison Center for Financial Security
<https://extension.wisc.edu/family/financial-education>

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