

Carry-Out Food Safety

While many restaurants are closed, some are open for take-out or delivery. Is carry-out food safe? Yes, take-out food appears to be safe. There is no evidence that you can get the COVID-19 from take-out food. We don't have any evidence that you can get sick if someone who is ill contaminates the food they are preparing for you or contaminates a food package. But we all want to be extra safe just now, so there are some extra precautions that you can take for take-out food:

- Order from a reputable business that is more likely to provide sick leave and have a strong wellness policy;
- If the food needs to be cooked or reheated, cook to proper temperatures (the virus that causes COVID-19 appears to be killed by standard cooking or reheating temperatures); and
- Most importantly, wash your hands after handling any food package material and before preparing food or eating.