

FIREARM STORAGE

Store firearms in a locked gun safe. Keep ammunition locked in a separate place. Place the keys in a different location or outside of the home.

Use trigger locks. Locks with a combination are recommended over key locks. Keep the combination number or key in a private, secure spot.

Make Sure homes your child visits do not have unlocked guns.

MEDICATION DISPOSAL

When disposing medication; put all pills together in a sealable plastic bag. Creams and liquids can be dispensed into kitty litter or used coffee grounds.

Remove the caps and recycle all plastic pill bottles.

Dispose of unused medication as soon as possible. Medications can be brought to the Kewaunee County Sheriff's Department located at 620 Juneau Street, Kewaunee WI.

Support Resources

www.youthsuicidewarningsigns.org

www.healthychildren.org

www.211now.org

Text: HOPELINE to 741741



Kewaunee County Crisis Support
(920) 255-1645

National Suicide Prevention Lifeline
(800) 273-TALK (8255)
24/7 FREE and confidential

National Youth Suicide Hotline
(800) 448-4663

Online Crisis Chat: <https://www.imalive.org/>
Online Crisis Chat: <http://www.crisischat.org/>

SAFE-GUARD YOUR HOME

Protect your children with
these simple steps...

A Guide to Youth Suicide Prevention at Home



Public Health
Prevent. Promote. Protect.

Kewaunee County Public Health Department
Kewaunee County Human Services
www.kewauneeco.org

How to Safe-Guard

If your child is experiencing a mental health problem or a life crisis, here are a few simple steps you can take to help protect and possibly save your child's life.

Store firearms away from the Home

- Ask a trusted family member or friend to keep your fire arms temporarily until YOU (not your child) asks for them back.
- Call the local police or sheriff's department for assistance with temporary storage.
- Store safely at home (see back of brochure for storage options).

LOCK MEDICATIONS

- Store ALL medications, including over the counter medicines like Tylenol or Advil, in a lock box in a secure place.
- Directly observe your child when he/she takes their medication.
- Dispose of all unused medication (see back of brochure for disposal options).

Provide Support

- Learn more about mental health in youth.
- Pay special attention to your child's moods and behaviors.
- Listen without interrupting.
- If you notice changes, ask your child if they are thinking about suicide. **Asking will NOT put the thought in their head.**

Steps to Protecting Your Child...

